



SELF-INJURIOUS BEHAVIOR

UNDERSTANDING SELF-INJURY AND HOW TO RESPOND

Emphasis of Workshop

This workshop will emphasize the increasing phenomenon of self-injury among K-12 students and young adults. Many people who deal with these populations feel concerned and apprehensive about how to respond appropriately. This one-day workshop aims to provide participants with a greater understanding of self-injury, and to increase participants' confidence, competence, and creativity and compassion in this aspect of their work. The role of dissociative symptoms in the process of self-injury, recognizing the link between childhood trauma and self-injury, and establishing principals of good practice with young people and adults that self-injury will receive particular consideration.

Presenter

Sheri L. Carson, MS, LPC, NCC, brings to you expertise, experience and insights drawn from a career in education of fourteen years, the last six as a mental health counselor in high schools, elementary, and private practice. She has worked primarily with adolescents experiencing self-injurious behavior, and depression.

Who Should Attend?

K-12 school personal, administrators, counselors, teachers, support staff, and SROs.

Registration Information

How to Register:

Phone: C 208-404-6002, W 208-733-1321 ext.3413

Mail: form with payment

Fax: 208-733-4243

Call M-F 8:00-4:00 Mountain time, return registration within one week of seminar, for space availability. Walk-ins are welcome but admission cannot be guaranteed.

Workshop Fee:

\$20.00 material fee

Workshop Schedule:

7:30	Registration
8:00	Workshop begins
12:00-1:00	Lunch (on your own)

For Dates and times contact Sheri L. Carson (see contact information).

Contact Information:

Sheri L. Carson

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Workshop funded by:
Department of Education
State of Idaho
Safe & Drug Free Schools
(208)332-6960

